

3% Hydrogen Peroxide

Health Applications

What: SAFESOL 3% HYDROGEN PEROXIDE

Background

Hydrogen peroxide is a great antiseptic that fights bacteria, yeast infections, viruses and even parasites.

Foam can arise once hydrogen peroxide is applied to a wound. This is because blood and human cells break down hydrogen peroxide into oxygen and water.



Treatments

Fungal infections:

Feet Treatment

Mix 1 part 3% Hydrogen peroxide to 8 part water and soak your feet in the solution morning and night for 20-30 minutes.

Alternatively create a spray containing 1 part 3% hydrogen peroxide to 1 part water and spray on feet every night and leave to dry.

Nail Treatment

To treat fungal nail infection, create a solution 1 part 3% hydrogen peroxide to 1 part water and soak the infected area for half an hour every day.

Please note with fungal infections that it can take time to achieve the desired outcomes.

Wounds

Clean the wound with cooled boiled water then dab the wound with cotton wool or gauze soaked in 3% hydrogen peroxide.

Alternatively make a spray using 3% peroxide.

Allergies

3% hydrogen peroxide as an astringent all over the swellings or rashes, also treating the parts that are free of swelling or rash. If using on your face you must protect your eyes from accidental spillage.

Asthma

Asthma can be made worse by dust mites, antigens and other kinds of irritants that are in the atmosphere around us. Spraying a 1 part 3% hydrogen peroxide to 1 part water solution into the atmosphere can reduce the levels of irritants in the air. The solution should be sprayed throughout your house, especially in the bedroom, at least once every 1 to 2 days.

Health and Safety

3% hydrogen peroxide must be kept out of the reach of children.

Use gloves and safety glasses when working with this product.

Keep out of eyes: If in eyes rinse with copious amounts of water.

Do not ingest: If ingested do not induce vomiting. Give water to drink.